

# MALAYSIAN DIABETES EDUCATORS SOCIETY CONFERENCE 2022

Friday, 24<sup>th</sup> June 2022

8:30am – 9:00am	<b>Plenary 1: Long COVID 19 and Diabetes Control</b> <i>Speaker: Dr. Chan Siew Pheng</i> <p style="text-align: right;"><i>Chairperson: Dr. Wong Ping Foo</i></p>	
9:00am – 9:05am	<b>Break</b>	
9:05am – 10:20am	<b>Symposium 1: Type 1 Diabetes Complications</b>  <b>1.Short- and long-term complications in Type 1 Diabetes</b> <i>Speaker: Prof. Dr. Muhammad Yazid Bin Jalaludin</i>  <b>2.Exercise and Nutrition in Type 1 Diabetes</b> <i>Speaker: Dr. Carmel Smart</i>  <b>3.Managing acute complications of Type 1 Diabetes: Perspective of Diabetes Educators</b> <i>Speaker: Ms Siti Zarina Yaakop</i> <p style="text-align: right;">Q &amp; A <i>Moderator: Ms Yong Lai Mee</i></p>	<b>Symposium 2: Psychosocial Stress in Diabetes</b>  <b>1. Psychosocial issues in people with diabetes: Is it common in Malaysia?</b> <i>Speaker: Prof. Dr. Low Wah Yun</i>  <b>2. Psychosocial Aspect in diabetes management- The forgotten one</b> <i>Speaker: Assoc. Prof. Dr. Saharuddin Ahmad</i>  <p style="text-align: right;">Q &amp; A <i>Moderator: Ms Tan Sing Ean</i></p>
10.20am- 10.45 am	<b>Opening Ceremony</b> <i>MC: Dr. Wong Yong Kai &amp; Ms Wong Soh San</i>	
10.45am – 11.00am	<b>Morning Break / Booth Visit / Quiz</b>	
11.00am-11.30am	<b>Plenary 2: Paediatric Type 2 Diabetes Update</b> <i>Speaker: Prof. Dr. Silva Arslanian</i> <p style="text-align: right;"><i>Chairperson: Prof. Dr. Muhammad Yazid Bin Jalaludin</i></p>	
11.30am – 12.30pm	<b>Case Study 1</b> <b>Why isn't my wound healing</b>  <i>Speaker</i> <i>Prof. Dr. Yazid Bajuri</i>	<b>Case Study 2</b> <b>Managing Difficult Type 1 Diabetes</b>  <i>Speakers</i> <i>Prof. Dr. Muhammad Yazid Bin Jalaludin</i> <i>Dr. Rokiah Bte Ismail</i> <i>Dr. Rashdan Zaki Bin Mohamed</i>

	<i>Moderator: Dr. Wong Ping Foo</i>	<i>Moderator: Prof. Norlaila Mustafa</i>
12:30pm – 1.30 pm	<b>Lunch Symposium – 1hour</b>	
1.30pm- 2.15pm	<b>Break</b>	
2:15pm – 3:15pm	<b>Case Study 3</b> <b>Management of Cardiovascular Disease in Diabetes</b>  <b>Speakers</b> <i>Dr. Chan Siew Pheng</i> <i>Assoc. Prof. Dr. Barakatun Nisak Mohd Yusof</i>  <i>Moderator: Ms Yong Lai Mee</i>	<b>Case Study 4</b> <b>Delay Progression of Chronic Kidney Disease- Everyone’s Effort Counts</b>  <b>Speakers</b> <i>Assoc. Prof. Dr. Lim Soo Kun</i> <i>Ms Suraiya Hani</i> <i>Ms Karina Abd Wahid Pereira</i>  <i>Moderator: Ms Kher Pui Ling</i>
3:15pm – 4:00pm	<b>Hi-Tea Symposium – 45 mins</b>	
4.00pm - 5.30pm	<b>Malaysian Diabetes Educators Society - 15th Annual General Meeting</b>	

**Saturday, 25<sup>th</sup> June 2022**

8:30am – 9:00am	<b>Plenary 3: Technology-enabled Diabetes Self-management Education and Support-Current Status and Future Perspective</b> <b>Speaker: Assoc. Prof. Margaret McGill</b> <p style="text-align: right;"><i>Chairperson: Dr. Tan Ming Yeong</i></p>	
9:00am – 9:05am	<b>Break</b>	
9:05am – 10:20am	<b>Symposium 3: Patient-centred Diabetes Education</b>  <b>Languages in Diabetes Education- does it matter?</b> <b>Speaker: Assoc. Prof. Margaret McGill</b>  <b>Applying Culture Concepts in</b>	<b>Symposium 4: Management of Newly Diagnosed Diabetes in Primary Care</b>  <b>Newly Diagnosed Diabetes: Are We Aggressive enough?</b> <b>Speaker: Dr. Mastura Ismail</b>  <b>Should People with Newly</b>

	<p><b>Patient-centred Diabetes Education: How?</b>  <b>Speaker: Ms Yong Lai Mee</b></p> <p><b>Patient-centred Dietetic Education: Do's and Don'ts</b>  <b>Speaker: Dr. Lee Ching Li</b></p> <p style="text-align: right;"><b>Q &amp; A</b></p> <p style="text-align: center;"><b>Moderator: Ms Woo Li Fong</b></p>	<p><b>Diagnosed Diabetes Refer for Diabetes Education?</b>  <b>Speaker: Dr. Tan Ming Yeong</b></p> <p><b>Impact of Pharmacist-managed Diabetes Medication Therapy Adherence Clinic (DMTAC) on Newly Diagnosed Diabetes Patients</b>  <b>Speaker: Dr. Navin Kumar Loganadan</b></p> <p style="text-align: right;"><b>Q &amp; A</b></p> <p style="text-align: center;"><b>Moderator Dr. Hanis Saadah Husin</b></p>
10.20am – 10.40am	<b>Morning Break / Booth Visit / Quiz (KIV)</b>	
10:40am – 11:10am	<p><b>Plenary 4: Calories versus Carbohydrate Restriction: What should be our focus?</b>  <b>Speaker: Ms Salma Mehar</b>  <b>Chairperson: Assoc. Prof. Dr. Barakatun Nisak Mohd Yusof</b></p>	
11:10am – 11:15am	<b>Break</b>	
11:15am – 12:15pm	<p><b>Case Study 5</b>  <b>Engage the Disengaged in Medical Nutrition Therapy</b></p> <p><b>Speakers:</b>  <b>Dr. Hariyati Sharima Abdul Majid</b>  <b>Dr. Lee Ching Li</b>  <b>Dr. Tan Ming Yeong</b></p> <p><b>Moderator: Ms Wong Soh San</b></p>	<p><b>Case Study 6</b>  <b>Weight Management in Diabetes with Obesity</b></p> <p><b>Speakers</b>  <b>Prof. Dr. Rohana Abdul Ghani</b>  <b>Assoc. Prof. Dr. Barakatun Nisak Mohd Yusof</b></p> <p><b>Moderator: Ms Tan Sing Ean</b></p>
12:15pm – 1.15pm	<b>Lunch Symposium – 1hour</b>	
1.15pm-2.00pm	<b>Break</b>	
2:00pm – 3:00pm	<p><b>Case Study 7</b>  <b>Sweet Mummy and Big Baby</b></p> <p><b>Speakers</b>  <b>Dr. Nurain Md Noor</b>  <b>Ms Nur Hafizah Mohamad Sobri</b>  <b>Ms Rohana Jaafar</b></p>	<p><b>Case Study 8</b>  <b>Can I Cure My Diabetes?</b></p> <p><b>Speakers</b>  <b>Prof. Norlaila Mustafa</b>  <b>Assoc. Prof. Dr. Barakatun Nisak Mohd Yusof</b></p>

	<i>Moderator: Ms Woo Li Fong</i>	<i>Prof. Winnie Chee Siew Swee</i>  <i>Moderator: Dr. Wong Yong Kai</i>
3:00pm – 3:45pm	<b>Hi-Tea Symposium 1 – 45 minutes</b>	
3.45pm - 4.30pm	<b>Hi-Tea Symposium 2 - 45 minutes</b>	

**Sunday, 26<sup>th</sup> June 2022**

8:30am – 9:00am	<b>Plenary 5: Managing Diabetes- The Family Medicine Way</b> <i>Speaker: Dr. Sri Wahyu Taher</i>  <i>Chairperson: Dr. Woo Ping Fong</i>	
9:00am – 9:05am	<b>Break</b>	
9:05am – 10:20am	<b>Symposium 5: Glycaemic Variability</b>  <b>1.Clinical and Therapeutic Implication</b> <i>Speaker: Datuk Dr. Zanariah Hussein</i>  <b>2. Is A1c an Independent Indicator?</b> <i>Speaker: Prof. Norlaila Mustafa</i>  <b>3.Role of Diet in Glycaemic Variability</b> <i>Speaker: Prof. Winnie Chee Siew Swee</i>  <p style="text-align: right;">Q &amp; A</p> <i>Moderator: Ms Jessica Saw Ching Yee</i>	<b>Symposium 6: Health Technology in Diabetes Management</b>  <b>1.Improving Diabetes Care with Technology and Information</b> <i>Speaker: Prof. Dr. Anis Safura Ramli</i>  <b>2.Monitoring Blood Glucose in Type 2 Diabetes: How and Why?</b> <i>Speaker: Ms Rohana Jaafar</i>  <b>3.Using Health Technology in Improving Type 1 Diabetes Management</b> <i>Speaker: Ms Siti Zarina Yaakop</i> <p style="text-align: right;">Q &amp; A</p> <i>Moderator: Ms Kher Pui Ling</i>
1020am- 1105am	<b>Morning Tea Symposium – 45 minutes</b>	
11.05am – 11.20 am	<b>Morning Break / Booth Visit</b>	
11.20am – 12.20pm	<b>Debate: Virtual Consultation</b>	

	<b>Speakers</b> <b>Dr. Luqman Bin Ibrahim- Pro</b> <b>Datuk Dr. Zanariah Hussein-Con</b> <b>Moderator: Prof. Dr. Muhammad Yazid Bin Jalaludin</b>
12:20pm – 1:00pm	<b>Closing Ceremony, Winner Announcement</b> <b>MC: Dr. Wong Yong Kai &amp; Ms Wong Soh San</b>